

## CERT DRILL GUIDELINES FOR SURVIVOR VOLUNTEERS

### Location:

- Kirkland City Hall, 123 5<sup>th</sup> Avenue. Kirkland, WA. Come to the lower, south entrance.

### Schedule/details:

- 'Survivor' moulaging (make-up) begins at 7:30 AM. You will be told your arrival time about a week before the drill. Arrival times will range from 7:30am and 9:30am.
- You will need to present your drivers' license when you check in if you have one (for badge-making purposes). If you don't have one, we can enter your information by hand. We scan the license to make you a temporary ID tag which allows us to check you in and out electronically. Eventually this system could be used to keep track of your assignments. Only basic information is gathered, and it is not kept beyond the time of the drill
- You will have received a Hold Harmless form with your confirmation e-mail. Please print it, fill it out, and bring it with you. Persons under 18 years old must have a parent signature.
- Please bring a minimum of personal belongings, but it would be helpful if you could bring **a blanket and pillow** for yourself. Please bring something that can be washed, not an heirloom! **Attach your name somehow.**
- You will be moved from place to place in preparation for the drill and during breaks.
- You may bring a Kindle or phone for entertainment during the waiting times. Do not use such devices during the actual drill.
- Please let us know if you use a wheelchair.
- Drill begins at 10:00 AM and ends at approximately 1:30 PM, followed by lunch/debriefing between 2:00 and 3:00 PM
- Part of the drill may include interacting with the Disaster Mental Health Support trainees who would spend some time with you to assist you in processing your "trauma". Try to be as authentic as you can, depending on your condition as a survivor.

### Food:

- Snacks will be provided. You will have a break at 11:30 to use the restroom and have something to eat.
- Pizza and soda will be served at the debriefing
- Bring other food if you wish, for your personal use or to share
- Fridge and microwave available for other food & meds
- **Tell coordinator if you have any food allergies!**

### Clothing:

- Wear closed-toes shoes and **warm clothing** that can get dirty or stained (layering is recommended.)

### **Moulage and Acting:**

- Let moulagers (make-up artists) know if you have an allergy to latex or other products that may be applied to your skin.
- Play your role and respond to interventions, realistically. If someone is effective with you, respond positively. If they frighten you, be scared, etc.
- Keep the same position & acting for both teams during the search & triage.
- Remove your triage tape during breaks between searches, but keep them hidden in a pocket for the debriefing.

### **Facility:**

- We will be using various meeting rooms, storage areas, hallways and bathroom areas for our survivors. These spaces belong to people who work there, so please respect their space and belongings. We may move a bit of furniture to make the drill more realistic, but the search will primarily involve finding you in the maze of rooms. Don't be surprised if you aren't found.

### **Safety:**

- You will be introduced to the facility while the lights are on. Staff will explain the drill procedures to you so you know what to expect and how to assist. Staff members will wear bright t-shirts so you know who they are.
- Volunteer, student & staff safety is critical! Move about carefully when lights are out. Engage in humor but avoid "horseplay".
- If you are frightened, hurt, or for any reason need someone to stop doing someone or to come to your aid, yell "**ARREST!**" This alerts students and staff to stop the action and/or attend to you.